



# cell life™

## Post Treatment Advice

### Botox

Good results are often obtained after one session and results may last from 3-6 months.

Headaches/heaviness over the eyes may occur.

Side effects are very rare but eyebrow or eyelids may droop. This will only be temporary.

Botox will not improve static lines and its main aim is to improve the appearance of dynamic lines.

Slight bruising may occur.

Do not have any heat treatments, facial massage or mechanical stimulation treatments for 2 weeks post administration.

Do not lie down for 4 hours post treatment; kneel or bend down; touch area injected or exercise.

Caution must be taken with facial regime, make-up application for 48 hours post treatment.

### Fillers

Used to improve lines, wrinkles, folds in the skin, lip augmentations and rehydration of skin.

Some redness and oedema may occur after treatment, associated with some possible discomfort at the injection site.

Ulceration, cyst and abscesses can occur.

Aesthetic results can last 6-12 months dependent on lifestyle and injection site.

Facial exercises must be performed 2 hours post treatment.

Massage site twice daily using moisturiser for 3 days post treatment (if directed).

Heat treatments, facial massage or mechanical stimulation treatments for 2 weeks post administration not recommended.

### Peels

Can cause redness, inflammation and peeling of skin.

Peeling skin must not be pulled off as this can result in scarring.

May cause burns.

Exposure to the sun/sun beds must be avoided.

Factor 30 sun cream should be applied.

HC45 should be applied to broken skin only on the advice of your practitioner.

A small number of patients may fail to respond to treatments.

Follow skin care regime as directed.



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## **Post Treatment Advice (continued)**

### **PDT**

Can make the skin photo sensitive.

Must not have other skin preparations for 48 hours before and after treatment.

Sun beds and sun exposure must be avoided.

### **Velasmooth**

Main indication for body sculpting and cellulite treatment.

Weight management must be maintained.

Minimum course of 10 required.

Localised redness and bruising may occur for 48 hours post treatment.

Burns may occur.

Maintenance treatments are required.

### **Peels**

Main indication for cellular regeneration using positively charged sodium ions and nutritional supplements.

Can not be used with renal, cardiac/pace maker or pregnant patients.

Minimum six week course required and compliance with nutritional supplements.

**Localised fat removal/cellulite treatment/body sculpting also available.  
Ask your clinician.**

**FREephone: 0844 800 9631**  
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